# Sustainable Practices

in the maintenance of an Emergency Medical Team (EMT) medicine cache



NATIONAL CRITICAL
CARE AND TRAUMA
RESPONSE CENTRE

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### Background

- Maintaining readiness for health emergencies poses challenges for Emergency Medical Team (EMT) warehouses.
- In 2024, the medicine cache managed by the National Critical Care and Trauma Response Centre as part of the self sufficient EMT Type 2 surgical field hospital was valued at \$175,000 AUD.
- To maintain deployability and minimise waste, medicines are rotated through an affiliated local hospital pharmacy one year prior to expiry. This relationship supports disaster readiness and provides a buffer for the local hospital during medicine shortages.

### Purpose

To demonstrate cost savings and reduced medicine waste through regular rotations with the local hospital pharmacy.

### Results in 2024

# \$127,000 AUD

rotated stock (73% of cache)

115,276
individual medicines
eg. capsule, injection

### Method

Each month,
hospital medicine
expiry dates are
compared with
those medicines in
our EMT cache.



Items identified for rotation are removed from the EMT cache.

THE MEDICINE ROTATION PROCESS



Older medicines are swapped for later-dated stock.





7,768

The cache is

replenished with

medicines that

have later expiry

dates and records

are updated.

individual medicines discarded

#### MAIN REASONS FOR DISCARD

- Not stocked by local hospital
- Low local turnover for timely use
- ▶ Heat-affected medicines that are unable to be reused

## Additional sustainable practices

These practices aim to minimise volume, weight and special packaging requirements of transported medicines.

\$11,500 AUD

discarded stock

1

ble

Reusable temperaturemonitored medicine storage 2

Cache rationalisation based on usage history and resupply availability

3

Lightweight medicine formulations reduce freight

4

Single daily dose medicines to reduce bulk

Environmental friendly medicine choices, avoiding cold chain or dangerous goods

when possible



### Conclusion

Sustainable EMT medicine cache management improves environmental and budget outcomes while maintaining quality of care.

